

CRANSTON SUBSTANCE PREVENTION COALITION NEWSLETTER



July -
September

Happy Summer!

Welcome back to our second edition of our newsletter, just in time for summer! As summer begins, it's the perfect time to unwind, enjoy the outdoors, and make lasting memories with family and friends!

We encourage everyone to take advantage of the season by engaging in fun, substance-free activities that support your well-being and strengthen connections!

As always, if there's anything you'd like to see in future newsletters or if you have ideas to share, we'd love to hear from you! Feel free to reach out to Camryn at ctierney@comcap.org.

New Logo!

While the changes may seem subtle, the updated language around substance prevention strengthens our mission and helps reduce stigma in our community.



a program of:



CCAP

COMPREHENSIVE COMMUNITY ACTION PROGRAM
YOUR COMMUNITY'S HELPING HAND

Drug Take Back

April 26th marked National Drug Take Back Day!

In preparation, we visited the Cranston Senior Center the day before to share information on safe medication disposal and raise awareness.

Thanks to the efforts of the Cranston Police Department, over 78 pounds of unwanted and unused prescriptions were collected! Additionally, over 83 pounds of medications were collected in October, bringing our total for the year to an impressive 161 pounds!

If you missed the event, you can still safely dispose of medications year-round at the permanent drop box located at the Cranston Police Department as well as the Senior Center. Proper disposal helps prevent misuse and protects our environment.



Count It! Lock It! Drop It!



Don't Be An Accidental Drug Dealer

Our CIT Events

We're proud to collaborate with the Cranston Police and their Crisis Intervention Team (CIT)! Through this partnership, we've sponsored and participated in several community events, helping to promote prevention education and strengthen meaningful, lasting connections throughout the community. We attended Spring Fest in May and have been sponsoring several events at the Cranston Senior Center. We look forward to future events!

Mental Health Awareness Month – May

Throughout the month, the Coalition shared a variety of creative and informative posts highlighting the importance of mental health and offering fun, mindful activities to try. We also provided helpful resources and links for those seeking support and more information.



No. is a full sentence

In April, we presented our "Pick Your No's" presentation to students at Cranston East. From this, we created six stickers and palm cards highlighting refusal skills, centered around the empowering message that "No" is a full sentence. Check out the stickers above and below and be sure to visit our website to explore the full set of refusal skills!





Your Voice Matters

Prevention programs play a vital role in keeping our communities healthy and safe, but they rely on continued funding and support. One meaningful way to make a difference is by reaching out to your local and state representatives to share how important prevention efforts are to you, your family, and your community.

A quick message can go a long way in helping decision-makers understand the value of investing in youth, education, and long-term wellness. Thank you for your continued support in helping us advocate for a healthier future. Every voice counts, and your involvement makes a real impact.

RI Foundation Grant

The Rhode Island Foundation is offering a grant from the State's Opioid Settlement funds. CCAP is applying, and our coalition is set to receive a portion. If awarded, we plan to bring the "This is Not About Drugs" (TINAD) program to Cranston middle and high schools. TINAD is a one-hour online presentation by Overdose Lifeline that educates students about substance misuse, with a focus on prescription opioids. We're excited about this opportunity!

Upcoming Events

- National Night Out - August 12th
- Coalition Meetings - 4th Tuesday of the Month
- Back to School Night - TBD

RISS Survey

It's that time again! We're preparing to invite schools to participate in the RISS survey, which is conducted every two years. We're gearing up for the next round, scheduled for the 2025-2026 school year!

Mental Health Fortune Tellers

Looking for a fun, free, and simple way to support mental health and promote a substance-free summer? Visit our website to download our colorful summer fortune tellers (also known as cootie catchers). They're filled with easy, feel-good activity ideas and we've included blank versions too, so you can create your own!

Social Media

Follow us on social media to stay updated on our latest activities, news, events, and more!

Facebook: Cranston Substance Prevention Coalition

Instagram: @cranston_satf

Tiktok: @cran_covprevention